

FREE

Home Instead
Community Events

Ageing-Well

Information Day 2023



Later Life Wellbeing for our Community

Fri 20th Oct - Budleigh Public Hall - 10.00am-2.00pm

Are you looking for things to do, a new opportunity, care and support, companionship, activities, employment or advice in our local community?

Come along to our 'Ageing-Well' event and find out 'who's who' in our local community network... **Over 25 organisations confirmed to attend!**



LIVE DEMO BY
stroll



Home Instead
Community Events



On site

Flu Clinic

and Blood Pressure Checks

Details via Clarepharm

CALL 01395 222878

Call Home Instead on **01395 200600** for details
or visit homeinstead.co.uk/exeter-east-devon

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Ageing-Well


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Budleigh Salterton Public Hall

Station Road,
Budleigh Salterton EX9 6RJ

 **what3words address:**
many.curls.redeeming



 Free parking available via the main car park, positioned to the right of the Public Hall

 **what3words address:**
tall.newlywed.leaflet



Travelling by Bus?

The 157, 357 and 58 services travel to Budleigh Salterton from Exmouth, Sidmouth and Exeter.



Visit the Stagecoach online route planner for details.

